



2018 PRACTICING CHALLENGE

<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>

Week of February 1: Total Time (minutes): _____ Parent Initials: _____

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>

Week of February 4: Total Time (minutes): _____ Parent Initials: _____

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>

Week of February 11: Total Time (minutes): _____ Parent Initials: _____

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>

Week of February 18: Total Time (minutes): _____ Parent Initials: _____

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>

Week of February 25: Total Time (minutes): _____ Parent Initials: _____

GRAND TOTAL (minutes): _____

325 Minutes = PARTY!!!!

SOME FUN PRACTICE SUGGESTIONS!

- video yourself
- practice in a place you've never practiced before
- play through all of your Festival pieces as a concert for your family
- voice memo record and text to someone
- play your Festival pieces with the Suzuki CD
- use a sticker chart (1 star to focus on one issue, 3 to focus on 3)
- light a birthday candle and practice until the candle goes out
- use a larger candle and light it each time you practice—watch your progress!
- create a “grab bag” of review pieces (can also include practice exercises and a few silly unrelated cards “jump up and down 10 times”)
- take a picture of your best bow hold and see if you can keep that bow hold as you play your Festival review
- use a timer and spend 4 minutes practicing small chunks of your hardest Festival piece
- use an abacus (or M&M's, cheerios, etc!)
- draw a face (one feature at a time) as you complete a practice task
- play for stuffed animals